



Week of Sept 2nd

Sharks Pool Locations

Regular Fall 24-25 Schedule Begins Sept 9

Practice this week: (if no practice listed, there is no practice for your group—we are on our transition schedule, only practices that are listed)

Tue Sept 3—Stevenson & Walker (Polo @ FHS & Springs)

Stevenson: Disc. Pre 1 & 2/Disc. Adv 1 & 2 : 4:45pm-5:30pm
Expl: 5:30pm-6:30pm
Expl Adv 2, Challenge, Sr Prep: 6:30pm-8pm
Walker: Sr 2, Sr 3, Sr Perf: 4:45pm-7:30pm

Wed Sept 4—FHS

Expl Adv 1 & 2: 4:45pm-6:15pm
Sr Prep & Challenge: 5:00pm-6:30pm
Sr 2, Sr 3, Sr Perf: 5:30pm-7:45pm
*drylands before practice

Thu Sept 5—FHS

Disc. Pre 1 & 2, Disc Adv 1 & 2: 4:45pm-5:30pm
Exploratory: 4:45pm-6:00pm
Sr 2, Sr 3, Sr Perf: 5:30pm-7:45pm
*drylands before practice

Fri Sep 6— Walker & Stevenson (Football @ FHS, Polo @ Springs)

Walker: Sr 2, Sr 3, Sr Perf: 4:45pm-7:30pm
Expl Adv 2, Challenge, Sr Prep: 5:45pm-7:30pm
*start with drylands

Stevenson: Disc. Pre 1 & 2: 4:45pm-5:30pm

Sat Sep 7—Walker & FHS

Walker: Beast Mode: Sr 3, Sr Perf: 6:30am-7:45am
Sr 2, Sr 3, Sr Perf: 8:00am-10:00am
Nutrition talk at Civic hall for Sr 2,3,Perf: 10:15am-11:15am
FHS: Masters: 7:00am-8:00am
Expl Adv 1 & 2, Challenge: 8:00am-10:00am (start with dry lands)
Disc. Adv 1 & 2, Expl, Expl Adv 1: 10:00am-11:30am

Upcoming conflict dates:

FHS Polo: 9/3, 9/10
FHS Football: 9/6, 9/13, 9/27
Clear Springs Polo: 9/6, 9/20, 9/27

Coaches Corner:

Coach Kate: [HERE](#) (Sr 3, Sr Perf & Exploratory)

Coach Tim: [HERE](#) (Challenge & Expl Adv 1)

Coach Dacia: [HERE](#)—Discover Pre Team 1 & 2, Disc Adv 1 & 2, Sr 2

Coach Chris: [HERE](#)—Exploratory Advance 2

Coach Kaly: [HERE](#)—Senior Prep

Upcoming Events

It's Great To Be A Shark!

Short Course Meet Schedule

NOTE: Files are available on each event

Sept 7th—Nutritionist

Sr 2/3/Perf: 10:15am-11:15am
Expl, E Adv 1 & 2, Challenge & Sr Prep: 11:15-12

Sept 21st-Shark Camp—FHS

\$15 per swimmer

Sept 28th—Sharks Pentathlon—FHS

Opt out by 8/30
Prelim Entries 9/3. Final Entries 9/10
No changes after 9/16 @ noon

Oct 4th-5th— Sr Groups Retreat— Camp Cho Yeh

Cost \$200. Opt in by 9/18.

Oct 5th—Age Group Retreat—Texas A&M Galveston

Cost & details TBD Opt in by 9/18

Oct 12th—Dads Club Developmental Meet

More info once received from host

Oct 13th—Sharks Open Water

Extravaganza—Lake Longhorn
Opt IN by 9/20
Preliminary Entries 9/24
Final Entries 10/1
No changes after 10/2 @ noon

Oct 18-20th—FCST Meet

More Info once received from host

Oct 26th—Sharks Block Party Meet-FHS

Disc Pre, Adv Invited \$25 flat rate.
Opt In by 10/11 Prelim entries 10/15
Final entries 10/22
No changes after 10/23 @ noon

Oct 30th—Glow Practice Competitive Groups

Opt IN by 10/28 \$5 per swimmer

Nov 8-10th—Sharks November Invite

More info to come

Sponsorship Campaign 2024-2025: The sponsorship campaign for the 2024-2025 season is now open!

Sponsors & Donors can include you, your family, friends and businesses in our community. Our goal is for each family to raise \$250 or more in donations and/or sponsorships. More information about the campaign will be delivered to you via email. If you have questions about the sponsorship campaign please reach out to Amanda Butcher at sharks.Sponsors@gmail.com



Suit Sizing: For swimmers that need to be sized and then order their suit from swim outlet, we will have volunteers with the sizing kit this Saturday at the Nat. Swimmers should try on BEFORE their practice. You will be given a paper with the size/style and you can then go to your swimoulet account to order (it will come with the logo) Saturday Sept 7th 8am-10am in lobby at Nat.

Fall Cap Order Each swimmer receives a latex cap as part of registration. This form allows you to upgrade to either silicone or personalized silicone (2 per set). If no form is completed your swimmer will receive 1 latex cap. Please complete the form if you wish to either receive silicone cap or order a set of two personalized caps. Orders due by Tuesday September 3rd Questions email tillman.carol@yahoo.com Accounts will be invoiced for any caps ordered. **Deadline TODAY** [HERE](#)

Sharks Social Media Pics—Coach Kaly has created a photos dropbox for parents to share photos of their kids swimming or doing other activities outside of the water that you would want highlighted on social media. Click [HERE](#) to add pics

Parent Meeting 8/24—Agenda [HERE](#) (fixed link)

Sharks Swim Club Parents Swap & Sell: This is a parent led private fb group for Sharks Swim Club parents. This page is intended for selling or swapping items only related to Sharks Swim Club. Lost & Found photos from FHS can be found here occasionally as well. Join the fb group [HERE](#)

Lost & Found procedure:

Bins in Sharks closet—only swimmers can access closet—no parents on deck
Items kept 1 week approximately then donated into the free bin
Free bin placed out as available
Free bin emptied as needed
Lost & Found coordinator: lucylgodfrey@gmail.com

Swim Lessons—Friendswood High School Fall Session beginning September. Signup [HERE](#)



Team Admin: Sharksswimclub@yahoo.com Emails sent on weekend, will be answered next business day.

Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks Parents Swap & Sell & Lost & Found: [HERE](#)

Parent Rep Contacts by group: [HERE](#)

Team Records:

[Short Course Yards](#)

[Long Course Meters](#)

<u>Sept</u>	<u>Age -Date</u>
Leila Njenga	9 - 12th
Tyler Ferraco	14 - 12th
Alta Arnold	6 - 14th
Christian Kelly	8 - 15th
Gabe Laurito	11 - 16th
Vivian Johnston	15 - 17th
Abdullah Borji	17 - 18th
Reagan Dischler	12 - 19th
Clara McGarvey	12 - 19th
Ava Van Slooten	11— 20th
Caroline Reynolds	10 - 21st
Abigail Brandt	15 - 21st
Olivia Gallagher	15 - 25th
Deegan Butcher	14 - 29th