



Week of Oct 28th

Sharks Pool Locations

Regular Fall 24-25 Schedule

Practice changes will be noted—if no change is noted, your swimmer will have the “regular” practice schedule as detailed above.

Week of Oct 28:

Tue 10/29—FHS Groups—Regular

Stevenson; Sr Perf: 4:45pm-7pm

Wed 10/30—Glow Practice

Springs: Sr 3, Sr Perf: 4:45pm-7pm

FHS Nat: Disc. Pre-1 & 2, Disc Adv 1 & 2, Expl & Expl Adv 1: 4:45pm-6:15pm
Expl Adv 2, Challenge, Sr 2, Sr Prep: 6:00pm-8:00pm (drylands 6pm-6:30pm)

Thu 10/31—FHS Nat: Expl Adv 2, Challenge, Sr Prep, Sr 2, Sr 3 & Sr Perf: 4:45pm-6:30pm
LTS (Learn to swim) 5pm-6pm

ALL OTHER GROUPS CANCELED

Fri 11/1—Football at FHS

Stevenson: Sr 2, Sr 3, Sr Perf: 4:45pm-7:00pm

Expl Adv 1: 6:15pm-8:00pm

Springs: Disc Pre-Team 1 & 2: 4:45pm-5:30pm

Exploratory: 5:15pm-6:30pm

Expl Adv 2, Challenge, Sr Prep: 6:00pm-8:00pm

Sat 11/2—Meet at FHS (Sports Psychologist at the Hangar)

Stevenson: Masters: 6:45am-7:45am

Sr 2, Sr 3, Sr Perf: 7:45am-9:45am

Beast Mode group 1: 6:30am-7:30am

Drylands group 2 at Stevenson 7:00am-7:45am

10-11am Sport Psych at Hangar—signup through event

Challenge, Expl Adv 2: 9:00am-10:45am

11am-12pm Sports Psych at Hangar—signup through event

Disc. Adv 1 & 2, Exploratory, Expl Adv 1: 10:30am-12:00pm

Upcoming conflict dates:

FHS Football: 11/1

FHS Swim Meet: 11/2

Clear Springs Swim Meet: 11/6

Coaches Corner:

Coach Clemons: [HERE](#) (Sr Perf)

Coach Kate: [HERE](#) (Sr 3 & Exploratory)

Coach Tim: [HERE](#) (Challenge & Expl Adv 1)

Coach Dacia: [HERE](#)—Discover Pre Team 1 & 2, Disc Adv 1 & 2, Sr 2

Coach Chris: [HERE](#)—Exploratory Advance 2, Sr Prep

Upcoming Events

It's Great To Be A Shark!

Short Course Meet Schedule

NOTE: Files are available on each event

Oct 30th—Meet Head Coach Chris Clemons!

Friendswood High School during glow practices

Oct 30th—Glow Practice Competitive Groups

Opt IN by 10/28 \$5 per swimmer

Oct 30th—Glow Practice Swim Fit Groups

Opt in by 10/28—\$5 per swimmer

Nov 1—Meet & Greet Coach Clemons

Nov 2—Sports Psychologist—Michelle from Present Moment Mindset

Opt IN by Oct 31 \$5 per athlete

Nov 8-10th—Sharks November Invite

Opt OUT by Oct 11 Prelim entries 10/15

Final entries 10/22.

No changes after 10/29 @ noon

Nov 20—Sharks Mod Pizza Fundraiser—

1765 S.Friendswood Drive, Suite 500 Flyer

[HERE](#)

Nov 23—Sharks Block Party Meet—FHS

Dec 5-8—Southern Senior Champion-ships—TWST

Qualified swimmers More info to come

Dec 11-14—Speedo Winter Junior Nationals

Qualified Swimmers—Univ of Texas

Qualified swimmers

Meet & Greet Head Coach Clemons: Our Shiver of Sharks is a happening club. We are so busy that it has been difficult to find the right time to set up a meeting to meet our Head Coach. Coach Clemons will be at Friendswood High School during the glow fest event on Wednesday, October 30th, so stop by and get to know him. Lots of fun is planned for the glow fest; come on over and watch the un. I'm sure Coach Clemons will be glowing.

If you can't make it on Wednesday, Coach Clemons will be at Stevenson pool on Friday, November 1 from 7pm-7:30pm for a meet and greet.

Coach Clemons has been on deck for just a week now getting to know our swimmers. He still has a lot more to get to know, but he is working hard to build those relationships.

Sharks Merchandise order through Inked Design: Order your Sharks shirts [HERE](#). Store will be open through Tuesday Oct 29th at 11:59pm. All orders will be sent to Inked Design in Friendswood and you will be emailed when they are available for pickup. (Each swimmer will receive a sponsor t-shirt as part of their registration, you can order additional swimmer/parent shirts above, as well as other spirit apparel.

BAHFL Card Fundraiser: This fundraiser will begin Nov 1—cards will be available for three weeks, scheduled times will be sent for pickup. You will sign out for the number of cards you wish to sell (begin telling friends and family now!) Each card costs \$25. Each card you sell will raise \$11 toward your family fundraising. Purchaser pays you for the card and your Sharks account will be invoiced & charged for the \$25 per card fee.

Sharks Mod Pizza Fundraiser—Calling all SHARKS! Join us at MOD Pizza on Wednesday, November 20th for our fundraiser day! Show the flyer [HERE](#) or mention SHARKS when checking out, or include the code for online orders, and SHARKS receives 25% of the funds back! The fundraiser runs all day, so feel free to go for lunch and dinner! Tell your family, tell your friends! Money raised will go towards our meet hospitality costs.

Sharks Social Media Pics—Coach Kaly has created a photos dropbox for parents to share photos of their kids swimming or doing other activities outside of the water that you would want highlighted on social media. Click [HERE](#) to add pics

Sharks Swim Club Parents Swap & Sell: This is a parent led private fb group for Sharks Swim Club parents. This page is intended for selling or swapping items only related to Sharks Swim Club. Lost & Found photos from FHS can be found here occasionally as well. Join the facebook group [HERE](#)

Lost & Found procedure:

Bins in Sharks closet—only swimmers can access closet—no parents on deck

Items kept 1 week approximately then donated into the free bin

Free bin placed out as available

Free bin emptied as needed

Lost & Found coordinator: lucylgodfrey@gmail.com

Swim Lessons—Friendswood High School Fall Session [HERE](#)



Sharks Social Media – Links to follow:

Sharks Facebook [HERE](#) Sharks Instagram [HERE](#)

Sharks Youtube channel [HERE](#)

Sharks Parents Swap & Sell & Lost & Found: [HERE](#)

Parent Rep Contacts by group: [HERE](#)

Team Records:

[Short Course Yards](#)

[Long Course Meters](#)



Qualifiers

Age Group Champs

Lily Ainsworth, Caitlyn Alley, Logan Atchison,
Landon Bomar, Sophia Boring, Blake Carr,
Matthieu Chossiere, Adrianna Duncan,
Kathrin Dickamore, Jayden Dickamore,
Tyler Ferraco, Grace Goins, Leighton Haver,
Carmen Laurito, Gabe Laurito, Cameron Lowman,
Thien Luu, Omar Mahmoud, Brielle McGonagle,
Grady Marici, Streeter Moore, Kivy Moore,
Sophia Patrick, Evan Takeda

Tags

Sophia Boring, Matthieu Chossiere, Grace Goins,
Leighton Haver, Gabe Laurito, Omar Mahmoud,
Kivy Moore

Southern Senior Zones

Tanner Antley, Rian Bleyendaal, Morgan Carr,
Macey Degroot, Daniel Dickamore,
Kathrin Dickamore, Olivia Esbeck,
Lauren Ferguson, Martin Gomez, Dylan Haver,
Leighton Haver, Hayden Holcomb,
Edi Jakob, Andi Jeanes, Carmen Laurito,
Abigail Lowman, Selim Mahmoud, Vanessa Marsh,
Brielle McGonagle, Hayden Nielsen,
Darielle Riddle, Sophia Stowers, Cameron Sustala,
Lauren Tillman, Gabi Volpe, Livi Woolery,
Giancarlo Zamora

Sectionals

Tanner Antley, Rian Bleyendaal, Morgan
Carr, Macey DeGroot, Edi Jakob, Selim
Mahmoud, Vanessa Marsh, Darielle Riddle, Gabi
Volpe, Giancarlo Zamora

NCSA's

Rian Bleyendaal, Macey DeGroot,
Darielle Riddle, Gabi Volpe, Giancarlo Zamora

Futures

Macey DeGroot, Darielle Riddle

Speedo Winter Junior Nationals

Macey DeGroot

Speedo Summer Junior Nationals

Macey DeGroot

US Open

Macey DeGroot