

Week of Mar 10th

Sharks Pool Locations

Regular Fall 24-25 Schedule (updated 1/16)

Final Short Course Practice Fri 3/14—Return to practice Mon, 3/24 (for spring break)

Practice changes will be noted—if no change is noted, your swimmer will have the "regular" practice schedule as detailed above.

Tue Mar 11—Regular Practice

Sr 3—5:30pm-8pm

Wed Mar 12—Regular Practice

Sr 3—5:30pm-8pm

Thu Mar 13—Regular Practice Sr 3– 5:30pm-8pm

Fri Mar 14th—Regular Practice

Or 5– 3.30pm-opn

Sat Mar 15th—Start of Break—All practices canceled

NCSA Athletes—regular practice

Sat Mar 15—Sun Mar 23—All practices canceled

Mon Mar 24—Regular practices resume

Upcoming Conflict Dates:

No Newsletter Week of Spring Break!

Coaches Corner:

Coach Clemons: <u>HERE</u> (Sr Perf)

Coach Kate: **HERE** (Sr 3 & Exploratory)

Coach Tim: <u>HERE</u> (Challenge & Expl Adv 1)

Coach Dacia: HERE—Discover Pre Team 1 & 2, Disc Adv 1 & 2, Sr 2

Coach Chris: **HERE**—Exploratory Advance 2

Coach Joe: <u>HERE</u> - Senior Prep

Upcoming Events

It's Great To Be A Shark!

Short Course Meet Schedule

NOTE: Files are available on each event

Mar 18-22—NCSA Jr Nationals, Florida qualified swimmers commit <u>HERE</u> Registration, payment and waivers <u>HERE</u>

Mar 26—Developmental Groups Banquet-Main Event!

Register your swimmer and family through the event

Mar 27– Mod Pizza Fundraiser

Apr 6—Team Banquet-Bay Area Community Center 3pm-6pm

Must RSVP and include any additional parent/sibling tickets wanted in the note

Link in event for team slideshow pics & graduating senior slideshow pics

Sign up for event plus any sibling/parent tickets in event

<u>Apr 13—Gulf Open Water Champs—Lake</u> <u>Longhorn</u>

Opt IN by Mar 29

Apr 26—Swim-A-Thon! Fundraiser

Swim-A-Thon: Save the Date! Swim-A-Thon is April 26th!

Fundraising starts March 24th!

Join the team for swimming, games, and food!

Families are encouraged to bring a chair and join the swimmers for food and games!

Help us reach our goal of \$15.000!

Please RSVP on the team website/app

Swimmers will have the opportunity to swim a goal distance and celebrate with a tailgate party (yard games and food) with their families and coaches!

Sharks Cap Orders: Only light blue caps going forward. Transitioning away from dark blue. Orders need to be in by end of day 3/16/25 **HERE** You should also order if you want to purchase a plain light blue silicone or latex cap (non-personalized)

Banquet volunteers needed: Sharks annual banquet is around the corner—April 6th. We need volunteers to bring it together. It would be great to have some parents of High School swimmers in their junior year to see the process for their swimmer next year. Banquet details include the meal, slideshow, decorations and program. This is a great way to get your short course hours for the prep and get some long course hours on the day for setup etc. Please contact Coach Dacia if you can help: dacia105@yahoo.com

Swim-A-Thon—Sharks families, our annual Swim-A-Thon will be coming up soon! Our fundraising window will be open March 24-April 26 (more information coming soon!) In preparing for this year's event, we are working on donations of raffle prizes. Perhaps you have your own business (or a friend who does), work somewhere fun, or just have a knack for creating raffle baskets and want to donate to the cause. If interested in donating a raffle prize or if you have questions, please reach out to Amanda Kahms (akahmsaba@gmail.com) All raffle donations must be received by March 15, 2025. Thank you!

Swimmer Pic on on-deck app please: Parents please take a current picture of your swimmer and add to their profile through the on-deck app.

Sharks Social Media Pics—Coach Kaly has created a photos dropbox for parents to share photos of their kids swimming or doing other activities outside of the water that you would want highlighted on social media. Click **HERE** to add pics

Sharks Swim Club Parents Swap & Sell: This is a parent led private fb group for Sharks Swim Club parents. This page is intended for selling or swapping items only related to Sharks Swim Club. Lost & Found photos from FHS can be found here occasionally as well. Join the facebook group <u>HERE</u>

Lost & Found procedure:

Bins in Sharks closet—only swimmers can access closet—no parents on deck Items kept 1 week approximately then donated into the free bin

Free bin placed out as available Free bin emptied as needed

Lost & Found coordinator: <u>lucylgodfrey@gmail.com</u>

Swim Lessons-Friendswood High School Spring Session HERE



Sharks Social Media - Links to follow:

Sharks Facebook **HERE** Sharks Instagram **HERE**

Sharks Youtube channel **HERE**

Sharks Parents Swap & Sell & Lost & Found: **HERE**

Parent Rep Contacts by group: **HERE**

Team Records:

Long Course Meters



Qualifiers

Age Group Champs

Lily Ainsworth, Logan Atchison, Landon Bomar, Sophia Boring, Blake Carr, Adrianna Duncan, Jayden Dickamore, Tyler Ferraco, Mario Fiocca, Leon Foley, Grace Goins, Leighton Haver, Gabe Laurito, Cameron Lowman, Thien Luu, Omar Mahmoud, Grady Marici, Brielle McGonagle, Streeter Moore, Kivy Moore, Ali O'Mara, Sophia Patrick, Max Robbins

Tags

Landon Bomar, Sophia Boring, Grace Goins, Leighton Haver, Gabe Laurito, Omar Mahmoud, Kivy Moore

Southern Senior Zones

Tanner Antley, Dylan Bezdek, Rian Bleyendaal, Sophia Boring, Abdullah Borji, Morgan Carr, Macey Degroot, Daniel Dickamore, Kathrin Dickamore, Olivia Esbeck, Lauren Ferguson, Martin Gomez, Zosia Gross, Dylan Haver, Leighton Haver, Hayden Holcomb, Edi Jakob, Andi Jeanes, Carmen Laurito, Abigail Lowman, Cameron Lowman, Selim Mahmoud, Vanessa Marsh, Brielle McGonagle, Streeter Moore, Emma Nguyen, Maddie Nhan, Hayden Nielsen, Darielle Riddle, Sophia Stowers, Cameron Sustala, Jeremiah Thomas, Holly Tinson, Gabi Volpe, Livi Woolery, Giancarlo Zamora

Sectionals

Tanner Antley, Dylan Bezdek, Rian Bleyendaal, Morgan Carr, Macey DeGroot, Dylan Haver, Edi Jakob, Andi Jeanes Selim Mahmoud, Vanessa Marsh. Darielle Riddle, Jeremiah Thomas, Holly Tinson, Gabi Volpe, Livi Woolery, Giancarlo Zamora

NCSA's

Dylan Bezdek, Rian Bleyendaal, Macey DeGroot, Dylan Haver, Selim Mahmoud, Vanessa Marsh, Darielle Riddle, Jeremiah Thomas, Gabi Volpe, **Giancarlo Zamora**

Futures

Rian Bleyendaal, Macey DeGroot, Darielle Riddle, Jéremiah Thomas

Speedo Winter Junior Nationals

Macey DeGroot

Speedo Summer Junior Nationals

Macey DeGroot

US Open

Macey DeGroot