

Week of June 30th

Sharks Pool Locations

Summer Schedule (June/July)

updated 6/17-changes in bold

Practice changes will be noted—if no change is noted, your swimmer will have the "regular" practice schedule as detailed above.

Tue July 1—Regular Practice

Wed July 2—Regular Practice

Thu July 3—Regular Practice

Fri July 4—Sr prep, Expl Adv 1 & 2—Canceled

Sr Perf, Sr 3, Sr 2, Challenge SHAC: 9:45am-12pm

Sat July 5—Regular Practice

July practice signup: Signup will be emailed to membership:

Tonight @ 6:30pm. Please note:

Discovery Advance 1 & 2 limited to 2 signups for first 48 hours Exploratory Advance 1 limited to 4 signups for first 48 hours

Senior Prep limited to 3 signups for first 48 hours

<u>Pickup of vacation practices</u>: With swimmers signed up for the month, there may be occasions where they cannot attend a specific practice, ie: signed up for all Monday pm, but cannot attend Monday 6/9. Scroll to the bottom of the swimmer's group signup and you will see vacation options where you can add your swimmer's name, the date they will miss for that time slot and another swimmer can then pick up this spot. The swimmer "picking up" the spot if already signed up for an am slot would not attend their currently scheduled time slot.

Please be careful when adding info to the sheet, please be careful not to convert to tables

<u>Last team practices</u>: Thursday July 24th Except those attending Sr Zones or NCSA's

Upcoming Conflict Dates:

Coaches Corner:

Coach Clemons: HERE (Sr Perf)

Coach Kate: **HERE** (Sr 3 & Exploratory)

Coach Tim: **HERE** (Challenge & Expl Adv 1)

Coach Dacia: HERE—Discover Pre Team 1 & 2, Disc Adv 1 & 2, Sr 2

Coach Chris: **HERE**—Exploratory Advance 2

Coach Joe: HERE - Senior Prep

Upcoming Events

It's Great To Be A Shark!

Long Course Meet Schedule

NOTE: Files are available on each event

July Champs Breakdown

June 3-July 24 Beast Mode Weekday Signup

Senior 3 & Senior Performance—register through event.

July 11-13—LC Gulf Age Group Champs-

Fleet Aquatic center—qualifying swimmers Opt out by 6/13 Preliminary entries 6/17 Final entries 6/24

no changes after 6/25 @ noon

July 11-13-LC Gulf Senior Champs-UofH

Qualifying swimmers Opt out by 6/13 Preliminary entries 6/17 Final entries 6/24 No changes after 6/25 @ noon

July 12-Summer Squad Champs Meet # 3- Clear

Springs HS opt out by 7/4 Preliminary & Final entries 7/8 no changes after 7/9 @ noon

July 16-20-Long Course Tags-Arlington

Qualifying swimmers opt out by 6/20 Preliminary entries 6/24 Final entries 7/1 no changes after 7/2 @ noon

July 19-20 – B & Under Champs – Sharks Host

Pearland Natatorium
Opt out by 6/14
Preliminary entries 6/17 Final entries 6/24
no changes after 6/25 @ noon

July 25-29-NCSA -Huntsville, AL

Qualifying Swimmers—2 events, one for waivers & payment, one for entries (must do both) opt IN by 7/4 Final entries 7/15 no changes after 7/16 @ noon

July 25-27- Gulf Summer Champs—qualifying swim-

mers

opt out by 6/21

Preliminary entries 6/24 Final entries 7/1 no changes after 7/2 @ noon

July 28-Aug 3—Senior Zones—Tupelo, MS

Qualifying swimmers 2 events, one for waivers & payment, one for entries (must do both) opt IN by 7/4 Prelim entries 7/8, Final 7/15,

no changes 7/16 @ noon

Champs Spirit Buddies: We'll keep up our spirit buddies for the summer champs. With two pools and several meets, the pairs will be made around the meet.

- Swimmers will be bringing goodie bags to the meet.
- We will do clips at practice the week leading up to the champs meet. Clips & markers will be provided for kids to make. Swimmer can make fancier ones on their own.

AG Champs—July 7—10 Senior Champs-July 7-10 Summer Squad Champs—July 7-10 B & Under Champs-July 14-18 Gulf LCM Champs-July 21-23

Pairings will be added to the champ events.

Stevenson Pool—Sidewalk construction update: the sidewalk that goes parallel with the pool parking lot will be replaced starting Monday Jun 23, along the entire length of the parking lot. It will take approx. 1 week. Parking and accessibility may be impacted.



Create The Finish Dryland Opportunity:

Discovery Adv-Sr 2 groups:

Create the finish is functional movement. Swimmers learn agility, plyometrics, and functional movement making them better swimmers in and out of the water.

Offsite dryland: Fridays: Jul 11, 18 Disc Adv-Expl Adv 1: 2:30pm-3:30pm Expl Adv 2—Senior 2: 3:30pm-4:30pm

\$10 per student per date—rest of cost covered by team

Be sure to print and bring waiver to first session. HERE

Sharks B& Under Champs Meet—Job positions will be opening as follows: (HERE)

Monday, Jun 23rd @ 6:30pm—unlimited for any open positions

Please note: the timeline is estimated, once the final timeline is received (about 1 week before the meet), start & end times will be adjusted and service hours will be based on actual timeline of the meet. (Date of positions to be assigned will be posted later if needed)

Safe Sport Parent Course: You as a parent can earn service hour (1 per parent) should you complete the safe sport parent course linked <u>HERE</u> on our site. Steps MUST be followed as detailed, especially when linking a second parent to the swimmer. You should email sharksswimclub@yahoo.com upon completion of your course with certificate. (Thank you to those parents that have already completed!)

Sharks Swim Club Parents Swap & Sell: This is a parent led private fb group for Sharks Swim Club parents. This page is intended for selling or swapping items only related to Sharks Swim Club. Lost & Found photos from FHS can be found here occasionally as well. Join the facebook group

Lost & Found procedure: (this will be kept at springs during June & July for pickup during evening practices)

Bins in Sharks closet—only swimmers can access closet—no parents on deck

Items kept 1 week approximately then donated into the free bin

Free bin placed out as available Free bin emptied as needed

2

Lost & Found coordinator: <u>lucylgodfrey@gmail.com</u>

Swim Lessons-Summer Lessons at Landing & Clear Lake now available for signup (including Saturday mornings) HERE



Sharks Social Media - Links to follow:

Sharks Facebook **HERE** Sharks Instagram **HERE**

Sharks Youtube channel **HERE**

Sharks Parents Swap & Sell & Lost & Found: HERE

Parent Rep Contacts by group: **HERE Team Records:**



Qualifiers

Age Group Champs

Lily Ainsworth, Landon Bomar, Sophia Boring, Kylee Carpenter, Blake Carr, Jayden Dickamore, Adriana Duncan, Tyler Ferraco, Mario Fiocca, Leon Foley, Leighton Haver, Annaliese Hughes, Gabe Laurito, Cameron Lowman, Thien Luu, Grady Marici, Omar Mahmoud, Streeter Moore, Kivy Moore, Ali O'Mara, Sophia Patrick, Hannah Robbins, Max Robbins, Zora Seeley

Tags

Lilv Ainsworth, Landon Bomar, **Sophia Boring**. Kylee Carpenter, Blake Carr, Jayden Dickamore, Tyler Ferraco, Leighton Haver, Gabe Laurtio, Kivy Moore

Southern Senior Zones

Dylan Bezdek, Rian Blevendaal, Sophia Boring, Kylee Carpenter, Blake Carr Morgan Carr, Macey Degroot, Daniel Dickamore, Kathrin Dickamore, Lauren Ferguson, Martin Gomez, Zosia Gross, Dylan Haver, Leighton Haver, Edi Jakob, Andi Jeanes, Cameron Kitching, Carmen Laurito, Abigail Lowman, Cameron Lowman, Selim Mahmoud, Vanessa Marsh, Brielle McGonagle, Kivy Moore, Streeter Moore, Emma Nguyen, Maddie Nhan, Hayden Nielsen, Sophia Patrick, Darielle Riddle, Cameron Sustala, Jeremiah Thomas, Gabi Volpe, Giancarlo Zamora

Sectionals

Dylan Bezdek, Rian Blevendaal, Morgan Carr, Macey DeGroot, Dylan Haver, Leighton Haver, Edi Jakob, Andi Jeanes, Selim Mahmoud, Vanessa Marsh, Hayden Nielsen, Darielle Riddle, Cam Sustala, Jeremiah Thomas, Gabi Volpe, Giancarlo Zamora

NCSA's

Dylan Bezdek, Rian Bleyendaal, Macey DeGroot, Dylan Haver, Selim Mahmoud, Vanessa Marsh, Darielle Riddle, Jeremiah Thomas, Gabi Volpe, Giancarlo Zamora

Futures

Rian Bleyendaal, Macey DeGroot, Darielle Riddle, Jeremiah Thomas

Speedo Winter Junior Nationals Macey DeGroot

Speedo Summer Junior Nationals Macey DeGroot

> US Open Macey DeGroot

Short Course Yards

Long Course Meters